

Blueprint for a 10 year national health agreement

Sub-regional alliances – North Western Melbourne

7 March 2018

The Victorian context

We love to say that we are unique / special / the best!

In terms of the “system”...

facebook

Basic Information

Relationship Status It's complicated

- LHNs have notional primary and secondary catchments, but they are not particularly adhered to and its often very hard to find out what they are
- System governance is devolved – so LHNs, Community Health, other NGOs are independent (with a few important overlays)
- Relationships are many to many, and constantly shift and change

The Victorian context

Results in:

- **High variability in capability, capacity and infrastructure – across and between LHNs, Community Health, other NGO providers (which can be both a good or a bad thing)**
- **High care fragmentation – especially in care transitions and *especially* where there are multiple like-for-like services**
- **No centralised process for referrals, referral management – creating multiple exaggerated waits – 1 consumer can be on waitlists at multiple LHNs which stretch out to years**

North Western Melbourne

- 1,700,000 residents
- 1000s of primary health care providers
- 520+ general practices
- 12 community health services
- 12 major hospitals and 15 private overnight hospitals
- 375 pharmacies and 3 super-clinics
- 120+ mental health and alcohol and drug service providers (NGOs)
- 140+ aged care facilities
- 13 Local Government Areas
- Central Business District – 800,000 flux per day



Collaboration for shared purpose

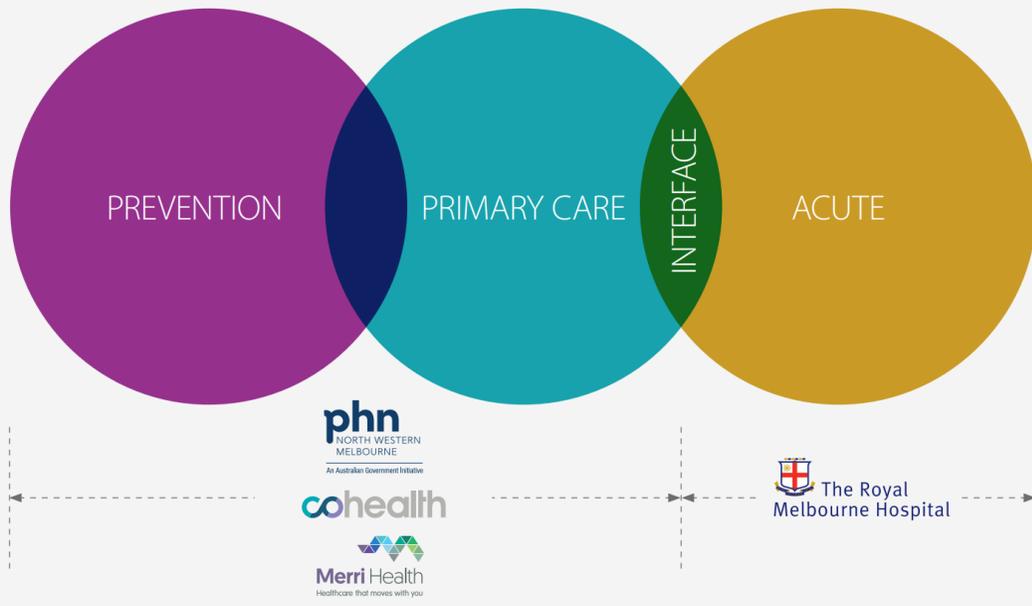
Our work-around:

- **Trying to get better linkages between the partners for enhanced consumer outcomes**
- **What's in it for me? Linking individual organisation goals / sweet-spot identification**
- **Potential for 'proof of concept' activity**
- **All partners contribute \$, time, commitment and leadership**

The Collaborative

Goal: To create joint solutions to shared health care problems.

Our roles across the health care continuum



The Collaborative

working together for better health

cohealth

The Royal Melbourne Hospital

Merri Health
Healthcare that moves with you

phn
NORTH WESTERN MELBOURNE
An Australian Government Initiative



Collaborative Framework 2016 – 2020

Working together to strengthen health care outcomes of our communities.

The Collaborative

Planned for 5 Years

New to follow up outpatient ratio at Royal Melbourne Hospital reduced	✓
Collaborative research projects established to provide academic focus to priority area projects/programs	✓
Two collaborative projects are mainstreamed in priority areas	✓
Joint research grants awarded	✓
Client feedback collected and analysed on their journey through the system	*
Advocacy by the collaboration undertaken resulting in new funding and service models to address shared chronic disease priorities	*

*partially achieved

Foundation collaboration principles:



The Collaborative

Where we collaborate



Digital Health

Developing Digital Health foundations across member agencies and health providers provides the building blocks to support a range of Digital Health products and initiatives, which over time will transform the delivery of healthcare.

For more info...



Chronic Kidney Disease

The emphasis of the Chronic Kidney Disease (CKD) project is to build capacity across primary health care providers, tapping into community services and providing the right care in the right place.

For more info...



Back Pain

A pilot Back pain Assessment Clinic (BAC) was developed to help reduce waiting lists for neurosurgery and orthopaedic spinal surgery. A community-based back pain clinic was established to provide timely access to assessment and management of back and neck pain in The Collaborative community health centres.

For more info...



DIABETES

The Coordinated Community Care for Diabetes Project (CCC4D) project was established in late 2012. The project aimed to improve the journey and outcome for patients with type 2 diabetes (T2D) across acute and primary care.

For more info...



Advance Care Planning

The 'Enabling System-Wide Advance Care Planning' initiative brings together service providers from across settings to identify, develop and test models for improving advance care planning. Our focus is on encouraging discussions about future medical care, before people reach an acute stage of illness, by making ACP a part of usual practice in primary care settings.

For more info...

Is this the solution?

No.

- **But ‘the doing’ of a regionally based response has built a foundation**
- **Has enabled joint work and innovation**
- **Has been difficult, energising, at times frustrating – but has moved action on joint priorities**
- **To get really serious, need to devolve and pool budgets in context of an outcomes framework**

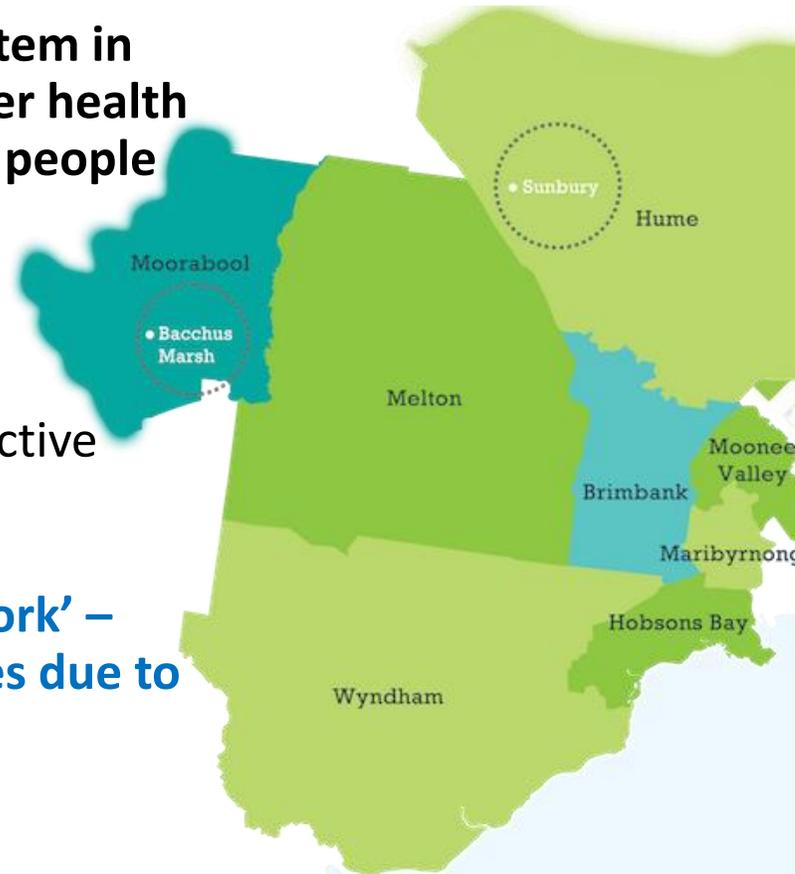
There's more...

Better Health Plan for the West

Goal: To build a strong health system in Melbourne's west to deliver better health and improved wellbeing for local people

- Focus on children and families, mental health and chronic disease.
- Gone through a refresh – collective impact approach

Incredibly hard to land on 'the work' – sweet spot is children and families due to huge population growth



Better Health Plan for the West

Partnership Framework
2017 – 2021



A much bigger partnership

Much harder to define the work

But a stronger potential to include:

- Social determinants of health
- Collective regional advocacy

But it's a long road...

Hospital and integrated health services



Primary and community health services



Regional and representative organisations



Local Government Authorities

