

HEALTH LEADERS STUDY TOUR UNITED STATES APRIL 2018



ITINERARY

WEDNESDAY 25 APRIL 2018

Travel to the United States under your own arrangements, to arrive in San Diego by the evening of **Wednesday 25 April** and transfer to the Marriott Marquis San Diego Marina

No meeting or meal arrangements have been made for today; however there will be an informal get-together at 6pm at the hotel lobby.

Accommodation: Marriott Marquis San Diego Marina (or similar)

Meals included: Nil

THURSDAY 26 APRIL 2018

Institute for Healthcare Improvement (IHI) Annual Summit on Improving Patient Care – day 1

Today you will participate in IHI pre-conference Quick Courses on quality improvement. More details will be available soon.

The IHI Summit brings together health care professionals from community hospitals, primary care practices, and those working in specialty and ambulatory care centers to learn hands-on skills and tactics for addressing the unique challenges found in these settings. From integrating and prioritizing primary care into health systems, implementing new “visit” models and technology, empowering and engaging physicians and patients, to best practices around chronic disease and behavioral health, and managing populations, this conference will teach you how to tackle these issues using improvement methodologies. Through more than 35 sessions of workshops, learning labs, Quick Courses, inspirational keynote presentations, dozens of storyboards, and a myriad of networking opportunities, you'll have the opportunity to explore cutting-edge improvements.

Attend the IHI Summit to energize one another, co-create solutions to similar challenges, and gain practical solutions for transformative change across health and health care. Leave with renewed joy and passion for your daily work.

In the evening, we will get together for a group dinner: venue TBC

Accommodation: Marriott Marquis San Diego Marina (or similar)

Meals included: Lunch, Dinner



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FRIDAY 27 APRIL 2018

IHI Annual Summit on Improving Patient Care – day 2

Program details will be available soon.

Accommodation: Marriott Marquis San Diego Marina (or similar)

Meals included: Lunch

SATURDAY 28 APRIL 2018

IHI Annual Summit on Improving Patient Care – day 3

Program details will be available soon.

Accommodation: Marriott Marquis San Diego Marina (or similar)

Meals included: Lunch

SUNDAY 29 APRIL 2018

Morning: Fly from San Diego to Portland, Oregon. Your flight ticket is not included in this package, and should be booked either as part of your international fare, or as a separate purchase of a domestic ticket. Direct flight options on the morning of Sunday 29 April include Alaska Airlines departing 6.30am arriving 9.06am in Portland; or Southwest Airlines departing 10.20am arriving 12.55pm in Portland. If purchased as a separate domestic ticket, airfares are approximately \$USD 200. You will need to arrange your own transfers to and from San Diego and Portland airports.

4pm – 9pm Reflective learning session, followed by dinner: Jack Cochran MD, former Executive Director of the Permanente Federation at Kaiser Permanente, will join the tour during our stay in Portland and in San Francisco to lead masterclasses and guided reflective learning. Dr Cochran is a strong advocate for integrated care and physician leadership, while always maintaining a focus on the patient, even outside of the clinical setting. Dr Cochran urges all those with whom he works to bring the patient perspective into each conversation and decision. He invites physicians to join in catalysing health care reform by embracing their roles as healers, leaders and partners.

Accommodation: Hotel Kimpton Vintage Portland (or similar)

Meals included: Dinner

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MONDAY 30 APRIL 2018

9am – 12pm

Oregon Health Authority: Patient Centered Primary Care Home Program

Dr Evan Saulino, one of the founders of the Oregon Health Authority's Patient-Centered Primary Care Home Program and Chris Carrera, Program Manager, will introduce the program, now in its 6th year of operations.

They will outline how the program was initiated, and its underlying principles and intentions. The barriers and enablers to the program's success will be discussed. Integration of health and social care at primary care level is a key feature of the Oregon program, and we will learn more about how this is operationalised at practice level.

There will be an opportunity to explore how the concept is expanding from medical homes to medical neighbourhoods.

1pm – 4pm

Site visit: Large practice with multiple providers using a care team model

6.30pm – 9.30pm

Dinner: With invited Oregon primary health leaders including Dr Larry Baker, Dr Evan Saulino and Chris Carrera for an informal evening of networking and conversation.

Accommodation: Hotel Kimpton Vintage Portland (or similar)

Meals included: Lunch, Dinner

TUESDAY 1 MAY 2018

9am – 12pm

Site visit: Small practice with 1 – 2 general practitioners, with opportunity to explore the scalable nature of the Oregon program

1pm

Transfer to airport for flight to San Francisco.

Your flight ticket is not included in this package, and should be booked either as part of your international fare, or as a separate purchase of a domestic ticket. We recommend you book on the United Airlines flight UA 2054, departing Portland 15.09pm, arriving San Francisco 16.55pm. If purchased as a separate domestic ticket, airfares are approximately \$USD 200.

Transfer from the airport to our San Francisco hotel is included for those who travel on this flight.

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7pm – 10pm

Dinner: With invited San Francisco health leaders including Dr Kevin Grumbach (Chair, University of California San Francisco Department of Family and Community Medicine) and Dr Nwando Olayiwolo. Dr Cochran will lead a discussion on moving from volume to value in healthcare, the learnings from the US experience of patient-centered medical homes and accountable care organisations, and how these learnings might be applied in Australia, including in large and small practices and in community health services.

Accommodation: Argonaut Hotel, Union Square, San Francisco (or similar)

Meals included: Dinner

WEDNESDAY 2 MAY 2018

9am: A full day of primary care site visits and meetings with health leaders undertaking value-based care projects in San Francisco. Dr Cochran will guide discussions during the site visits today. More details regarding sites will be available soon.

5pm: Tour concludes. Continue under your own arrangements to return to Australia or extend your stay in the United States. Please note there are late evening flights to Australia if you wish to return home this evening.

Meals included: Lunch

**FOR FULL DETAILS ON COSTS, INCLUSIONS, AND HOW TO RESERVE YOUR PLACE ON THIS TOUR,
PLEASE SEE NEXT PAGE.**

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COST

AHHA members: \$9,500 + GST per person (AUD)

Non-members: \$12,000 + GST per person (AUD)

Please send **Expressions of Interest** to Alison Verhoeven: averhoeven@ahha.asn.au by **15 November 2017**

Non-refundable deposit of \$5000 + GST (AUD) payable by **15 December 2017**

Full payment (non-refundable) payable by **15 February 2018**

ALL SITE VISITS AND SPEAKERS ARE SUBJECT TO CONFIRMATION; CHANGES MAY BE MADE TO THIS PROGRAM PRIOR TO DEPARTURE AND WILL BE ADVISED TO YOU ACCORDINGLY.

INCLUDED

Accommodation in 4 star hotels: 4 nights San Diego, 2 nights Portland, 1 night San Francisco

IHI Conference registration fees

Mentoring and reflective learning with Jack Cochran, MD, former Kaiser Permanente senior executive

Meals (5 lunches, 4 dinners) as specified in this itinerary

Transfers to site visits; airport transfer on 1 May only

NOT INCLUDED

Flights (international and domestic). Please note recommendations regarding domestic flight options on Sunday 29 April and Tuesday 1 May – these may be included in your international airfare, or may be purchased separately as domestic tickets.

Airport transfers (other than on 1 May as noted above)

Meals other than those specified in this itinerary

Travel insurance

Gratuities

Incidentals

Passport and visa fees

PLEASE ENSURE YOU HAVE A PASSPORT WITH 6 MONTHS VALIDITY, AND HAVE ARRANGED YOUR ESTA (US ENTRY VISA) AND TRAVEL INSURANCE PRIOR TO TRAVEL

