

Palliative care online training modules content overview



WWW.PALLIATIVECAREONLINE.COM.AU

Module 1

This module provides:

- A definition of palliative care and a description of its different forms;
- Recommendations from the best practice guidelines for a palliative approach for aged care in the community setting;
- A description of the settings where palliative care can take place;
- An outline of advance care planning and advance care directives and how to overcome barriers to writing these directives; and
- An understanding of how to communicate and best establish interpersonal relationships with clients and significant others.

By the end of this module you will be able to use a holistic and supportive approach to palliative care that demonstrates mutual understanding and respect when communicating with clients and significant others in a culturally specific context.

Module 2

This module has been designed to provide an understanding of how to plan and implement a palliative approach to care, assess palliative care needs and manage a range of client issues that may be encountered. At the completion of this module, you will be able to:

- Understand what's involved in providing palliative care, when to plan its introduction and the differences between palliative care and curative care;
- Understand the roles and responsibilities of multidisciplinary team members during the planning and assessment phase of delivering a palliative approach to care;
- Assess and manage the palliative care of a diverse range of clients, including Aboriginal and Torres Strait Islander people, people from culturally and linguistically diverse backgrounds and other people with special needs or perspectives;
- Describe the legal and ethical implications of advance care directives;
- Assess and manage a range of physical symptoms;
- Understand the psychosocial and spiritual aspects of a palliative approach to care;
- Identify the four models of palliative care, as well as the short term care arrangements available;
- Understand the symptoms and management of carer strain; and
- Identify other tools that can be used to support home based palliative care.

Module 3

This module has been designed to provide an understanding of how to provide the care and support that palliative care clients and their carers require. At the completion of this module, you will be able to:

- Discuss with palliative care clients the pathway their illness may take;
- Support clients and carers when end of life decisions need to be made;
- Show respect for the lifestyle, cultural, spiritual and special care needs of the different populations of palliative care clients and carers;
- Identify the types of support that are available to assist carers;
- Support palliative care clients experiencing grief and loss; and
- Support carers experiencing grief and bereavement issues.

Module 4

This module has been designed to provide an understanding of how a multidisciplinary team of health professionals and service providers can deliver a palliative approach to care in the community setting. At the completion of this module, you will be able to:

- Understand how the multidisciplinary team approach can be applied when providing palliative care in the community;
- Recognise and manage the stressors that may be experienced by health care providers and how these can be managed;
- Understand the experiences of grief, loss and bereavement from a health care provider's perspective;
- Recognise the importance of effective communication in the provision of palliative care; and
- Meet safe practice requirements when providing palliative care in a community setting.

Program developed by:

justhealth
consultants

ahha
australian healthcare &
hospitals association

Training
Silver Chain

Proudly funded by:



Australian Government
Department of Health

Continuing Professional Development

The palliative care online training modules have been granted endorsement by the following organisations as eligible evidence towards satisfying CPD or PDP requirements:

Australian College of Nursing (ACN)

This online module has been endorsed by APEC number 121022438 as authorised by Royal College of Nursing, Australia according to approved criteria, attracting 4.5 CPD hours.

Royal Australian College of General Practitioners (RACGP)

Activity number 766582 has been approved as a category 2 module in the RACGP 2011 – 2013 QI&CPD Program for 9 category 2 points.

Australian College of Rural and Remote Medicine (ACRRM)

This online module is accredited with the ACCRM for 10 PRFD points (PDP code: O1201SCNA).

Participants will be provided with a certificate of completion when each module is completed. This certificate can then be used to apply to the relevant professional body for CPD recognition.

Your feedback through the evaluation questionnaire is important to us, so the evidence to support your CPD/PDP requirements will only be available after you have completed the evaluation questionnaire in each module.

Nationally recognised training outcomes

These modules have been mapped against 4 units of competency in the nationally recognised Australian Qualifications Framework:

- **CHCPA301B Deliver care services using a palliative approach**
- **CHCPA402B Plan for and provide care services using a palliative approach**
- **CHCCS422B Respond holistically to client issues and respond accordingly**
- **CHCCS426B Provide support and care relating to loss and grief**

These units support completion of 2 Skill Sets in palliative care from the CHC08 national training package:

- **CHC08 Palliative approach skill set – plan and provide care**
- **CHC08 Palliative approach skill set – provide support**

When any or all modules are completed, participants can present evidence to a Registered Training Organisation of choice to seek Recognition of Prior Learning for these outcomes.