

PALLIATIVE CARE

Online Training

www.pallcaretraining.com.au



Make a real difference in end-of-life care

Wherever you are located, you can do our free online palliative training course and develop the skills and confidence to care for someone with a life-limiting illness.

Whether you work or volunteer in aged care, acute or primary care, or the community sector, the training will help you to better support people approaching the end of their life.

The training can be completed at a time and place that suits you, and will help ensure that the people you care for at the end of their life will benefit from your experience.

Evidence based, easy to understand training

The palliative care online training is based on the COMPAC Guidelines for community based palliative aged care. The training has been developed by experts and is provided in simple, plain English. Through interactive activities, video case studies and easy to understand examples, you will build skills and knowledge.

Over 35,000 people across Australia and internationally have undertaken the training and reported that it has helped them to provide better care and feel more confident as they support clients, friends and family at the end of life.

This training may assist you to meet Continuing Professional Development (CPD) requirements. Please contact AHHA for more information.

What does the training cover?

The six online modules have been developed in accordance with best-practice guidelines to help you:

Reflect on the needs of people and their families as they approach the end of life

Build screening and assessment skills

Develop confidence in having end-of-life conversations, especially around advance care planning

Invest in self-care and build resilience

Connect to a wider network of experts who can support and assist you

Extend knowledge of assessing, treating and managing pain

Develop skills in recognising and managing the deteriorating client.

Module content overview



MODULE 1 helps participants develop the skills to use a holistic and supportive approach to palliative care that demonstrates mutual understanding and respect when communicating with both clients and significant others in a culturally-specific context.



MODULE 2 has been designed to provide participants with an understanding of how to plan and implement a palliative approach to care, assess palliative care needs and manage a range of client issues that may be encountered.



MODULE 3 aims to foster an understanding of how to provide the care and support that palliative care clients and their carers require.



MODULE 4 establishes how a multidisciplinary team of health professionals and service providers can deliver a palliative approach to care in the community setting.



MODULE 5 introduces participants to the classification, mechanisms and clinical presentation of pain, principles for the pain assessment, as well as pain treatment management strategies.



MODULE 6 helps participants recognise, manage and assess clinical deterioration in patients and how to plan for the dying phase, taking into consideration the needs of clients and their carers.

General information

HOW LONG DOES IT TAKE TO COMPLETE?

The six modules should take a total of 12–14 hours to complete online. You don't have to complete a whole module in one sitting, you can save your progress and return to the training as you have time.

DO I HAVE TO DO ALL THE MODULES?

You can do the modules in any order, including only doing the modules you are interested in. You will receive a certificate of completion for each module you finish.

WHAT DO I NEED TO DO TO PREPARE FOR THIS TRAINING?

You won't need to do any pre-reading or preparation to complete this training. Provided you can access a web-enabled (online) computer, everything you need will be provided on the online portal.

HOW MUCH WILL IT COST?

The training is funded by the Australian Government Department of Health, so best of all – it's free!

WANT TO SIGN UP?

To register, go to www.pallcaretraining.com.au

PALLIATIVE CARE

Online Training **FREE**

Australian Healthcare and
Hospitals Association (AHHA)
E admin@ahha.asn.au
T 02 6162 0780



the voice of public healthcare®

The project is funded by the Australian Government Department of Health.